



NEWCASTLE NORTH PCN

National Social Prescribing Day Event

To celebrate National Social Prescribing Day, our Social Prescribing team will be visiting Audley Health Centre on Thursday 26th March 2026. Patients will have the opportunity to meet our Social Prescribers and learn more about the support and services available within the local community.

 **WHERE? AUDLEY HEALTH CENTRE**

 **DATE: THURSDAY 26TH MARCH 2026**

 **TIME: 10:00 – 12:00**

WHAT IS SOCIAL PRESCRIBING?

Social Prescribing connects people with non-medical support that can help improve their health and wellbeing. Our Social Prescribers can listen to what matters to you and help link you to local services, groups, and activities that may support your needs.

HOW CAN WE HELP?

Our team can help connect you to support with things such as:

- Employment, training, and volunteering opportunities.
- Community groups and social activities.
- Health and wellbeing support.
- Lifestyle changes and staying active.
- Advice services and local organisations.

Save the date – we look forward to seeing you there!
Newcastle North Primary Care Network



Don't miss this event!



During the event, we'll also be joined by organisations we regularly work with, they will be available to talk about the support they offer.



- **Brew Crew Directory - Reaching CIC**

Provides a group every 3rd Saturday of the month at the pensioners Hall Audley 9am-12pm. Feeling lonely and looking for a friendly face? The Brew Clubs are the perfect place to connect with others in a relaxed, no-pressure setting.



- **Connect to Work (Paul Clarke & Catherine Rowley - Staffordshire County Council):**

Providing support for people who would like help finding or returning to employment. Their team can offer guidance, advice, and personalised support to help individuals build confidence and access opportunities.



- **NEA – Gail Harris:**

Expert advice on energy efficiency and support to reduce household fuel costs.



- **Beat the Cold – Karen Howson:**

Support to keep warm and safe at home during the colder months.



- **Reaching North Staffordshire – Georgina:**

Promotes volunteering and engagement in local community activities.



- **Micro Providers – Sarah Roberts & Esther Jones:**

Connecting patients with small local providers offering care and support services.



- **North Staffordshire Carers – Mandy Binns:**

Support for unpaid carers.



Having these organisations present gives patients the opportunity to speak directly with services, ask questions, and learn more about the support available in their local community. It also helps highlight the wide range of support available beyond traditional medical care.

If you would like to find out more about Social Prescribing or what support may be available to you, please feel free to drop in and speak to the team on the day.

